

First Reading

A reading from the book of Genesis Genesis 12:1-4
The Lord said to Abram, 'Leave your country, your family and your father's house, for the land I will show you. I will make you a great nation; I will bless you and make your name so famous that it will be used as a blessing.

'I will bless those who bless you:
I will curse those who slight you.
All the tribes of the earth
shall bless themselves by you.'

So Abram went as the Lord told him.

The word of the Lord.

Responsorial Psalm Ps 32:4-5, 18-20, 22

R. Lord, let your mercy be on us,
as we place our trust in you.

The word of the Lord is faithful
and all his works to be trusted.

The Lord loves justice and right
and fills the earth with his love. **R.**

The Lord looks on those who revere him,
on those who hope in his love,
to rescue their souls from death,
to keep them alive in famine. **R.**

Our soul is waiting for the Lord.
The Lord is our help and our shield.
May your love be upon us, O Lord,
as we place all our hope in you. **R.**

Second Reading

A reading from the second letter of St Paul to Timothy
2 Tim 1:8-10

With me, bear the hardships for the sake of the Good News, relying on the power of God who has saved us and called us to be holy - not because of anything we ourselves have done but for his own purpose and by his own grace. This grace had already been granted to us, in Christ Jesus, before the beginning of time, but it has only been revealed by the Appearing of our saviour Christ Jesus. He abolished death, and he has proclaimed life and immortality through the Good News.

The word of the Lord.

Gospel Acclamation Matthew 17:5

Glory and praise to you, Lord Jesus Christ!
From the shining cloud the Father's voice is heard:
this is my beloved Son, hear him.
Glory and praise to you, Lord Jesus Christ!

Gospel

A reading from the holy Gospel according to Matthew
Mt 17:1-9

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured; his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.'

He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him'.

When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order. 'Tell no one about the vision until the Son of Man has risen from the dead.'

The Gospel of the Lord.



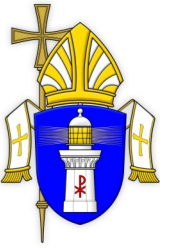
Next Week's Readings: 3rd Sunday of Lent Year A

First Reading	Ex 17:3-7
Second Reading	Rom 5:1-2,5-8
Gospel	Jn 4:5-42

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Our Lady of Perpetual Succour
Catholic Parish Toukley/Lake Munmorah
St Mary's Church 458 Main Rd Noraville
St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



Vision

To be A Vibrant Eucharistic Community

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Sacramental Coordinator

Please contact Parish Office

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Parish Schools

St Mary's
Principal Mr Kevin Williams 4396 5100

St Brendan's
Principal Mr Craig McNee 4358 1501

St Brigid's College
Principal Mr Adam Murdoch 4358 4278

Second Sunday of Lent Year A 8th March 2020



Today's Gospel describes in detail the transfiguration of Jesus on Mount Tabor. During the transfiguration experience the disciples were overshadowed by a cloud and a voice from heaven proclaimed, "This is my Son, my chosen, listen to Him". At the transfiguration the whole Trinity was present: The Father in voice, the Son in the man Jesus and the Holy Spirit in the bright cloud.

The transfiguration experience strengthened the disciples and opened their eyes and it gave them glimpse of God's abiding presence in Jesus. The key to the transfiguration experience and the revelations is in prayer - to be in union with the heavenly Father. It is in those periods of deep prayer that we are most likely to witness and experience the glory of God. Lent is a chosen time to have a glimpse of the transfigured Jesus. That experience has to begin from within us with the power of God's grace.

Lent is a time to put our souls before a mirror and see ourselves as we really are. Lent is not so much about doing something extra for God, as it is about letting God do something extra for us. Let's have a new way of looking at Lent and Fasting:

Fast from judging others	Feast on Christ indwelling in them
Fast from anger	Feast on patience
Fast from worry	Feast on divine order
Fast from complaining	Feast on appreciation
Fast from unrelenting pressures	Feast on increasing prayer
Fast from bitterness	Feast on forgiveness
Fast from self-concern	Feast on compassion for others
Fast from personal anxiety	Feast on eternal Truth
Fast from discouragement	Feast on Hope
Fast from facts that depress	Feast on truth that uplift
Fast from suspicion	Feast on truth
Fast from idle gossip	Feast on purposeful silence

Fr Tomy

PARISH LITURGIES

WEEKEND MASS TIMES

St Mary's Church Toukley

Saturday: Vigil 6:00pm
 Sunday: 7:30am
 9:00am

Children's Liturgy 1st & 3rd Sunday
 (except school holidays)

6:00pm

St Brendan's Lake Munmorah

Saturday: Vigil 5:00pm
 Sunday: 8:00am

WEEKDAY MASS TIMES

St Mary's Church Toukley

Monday 7:45am
 Tuesday 7:45am
 Wednesday 7:45am
 Thursday 7:45am (Ordinarate of Our Lady of the Southern Cross)
 Friday 9:15am (Except 1st Friday of Month)

First Friday of Month Anointing of Sick

11:00am

Saturday 7:45am

St Brendan's Lake Munmorah

Wednesday 9:00am

First Wednesday of Month Anointing of Sick

9:00am

Thursday 9:00am

EXPOSITION BLESSED SACRAMENT

St Mary's Church Toukley

Each Saturday – After Morning Mass

SACRAMENT OF RECONCILIATION

St Mary's Toukley

Saturday 8:15am—9:00am

St Brendan's Lake Munmorah

Saturday 4:30—5:00pm

MORNING PRAYER OF THE CHURCH

St Mary's Toukley

7:25am Monday to Thursday & Saturday

8:45am Friday



Thank You

Deacon Paul and Susan wish to thank Fr Tomy, Fr Baby and the parish community for the farewell last Sunday and the generous gift from the parish. They both enjoyed their time in the parish and look forward to catching up at future events.

Mental Health First Aid

Robyn Rosina, a parishioner and an accredited mental health first aid trainer, will be running a group for our parishioners on Mental Health First Aid. The aim of the learning, is to share an understanding of a range of mental illness and how the average person can help, not diagnose or treat, just chat in a helpful way. Very similar to physical health first aid but, just chatting in a helpful safe way instead.

Please talk to each other about the importance of discussing Mental Health issues. The training is over two sessions, likely on Saturdays, but can be during the week. We are hopeful to have the first group after Easter. The cost will be \$30 per participant. This covers the textbook and all materials.

What you can expect from mental health first aid training.

KNOWLEDGE - Improves knowledge of mental illnesses, treatments and first aid actions.

CONFIDENCE - Increases confidence in providing first aid.

DE-STIGMATISING - Decreases stigmatising attitudes.

SUPPORT - Increases the support provided to others.

If you are interested in training to be a mental health first aider as an individual or in your workplace/team, please call Robyn Rosina 0402 968 388.

Parish finance Committee

We are happy to have the new Finance Committee, they are Christine Buckman (Chairperson), Lance Scrivener(deputy Chairperson) Pauline O Malley(Secretary) and Ray Crocker. We wish them a wonderful team work.

Divine Retreat Centre

Please see the Notice Boards for the March Programme for the Divine Retreat Centre, Somersby.

Dates for Confirmation

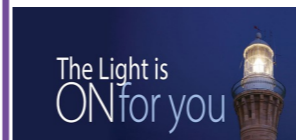
Bishop Anthony has now finalised the dates for Confirmation in our Parish. The Parent Information & Enrolment times will be **St Brendan's Mass Centre on Wednesday 12th August at 3.30pm** and at **St Mary's Parish Centre on Thursday 13th August at 3.30pm and 7pm.**

The Sacrament of Confirmation will be Celebrated, **within Mass**, on **Saturday 26th September in St Mary's Church at 10am** and at **St Brendan's, Lake Munmorah at 1pm**

PLEASE KEEP THESE DATES IN YOUR DIARIES.

We welcome all of our parishioners, especially any new parishioners to the area and those of you who have been away on holidays. We also welcome any visitors who have joined us for the celebration of Holy Eucharist this weekend. You are all most welcome here in our Parish Family. Please feel free to make yourself known to us, and we look forward to speaking with you.

Upcoming Parish Events



Our doors are open and the light is on!
 Experience God's light and peace in your life this Lent.

During Lent St Mary's Church, Toukley, will be open **every Friday 7.00pm to 7.30pm** for a quiet time of adoration, prayer, reflection and the Sacrament of Reconciliation. OLOR Church, The Entrance and St Cecilia's Church, Wyong will also be open from 7pm. Don't miss this wonderful opportunity.

Rosters for St Brendan's—April to June

Called to *Serve* These rosters are now being prepared for April to June. We urgently need volunteers for several ministries.

Can you hear the Holy Spirit calling you? Please add your details to the sheets at the back of the church. Training will be provided.

Reconciliation Programme

The Sacramental Programme for Reconciliation is now underway and families are reminded of their commitment to **attend either the 5pm Mass at St Brendan's or the 9am Mass at St Mary's for the 4 weeks of the programme, where their will be special rituals for the children.**

The relics of St Therese and her parents



TODAY is your opportunity to pray in the presence of the relics of St Therese and her parents, Sts. Louis and Zelie, at OLOR Church, The Entrance from tonight **Sunday 8th March** from 8 pm until tomorrow **Monday 9th March** at 5 pm. Fr Bill Stevens invites groups from our Parish and schools to visit and pray in the presence of the relics during this time. He is very happy to talk to any group.

For people who are working, the night liturgies may be useful. The car park will remain open throughout the visit. Hospitality will be available throughout at the rear of the Church. Please see our church notice boards for the programme of liturgies.

The Stations of the Cross - St Mary's Church



Stations of the Cross are being held at **8:30am each Friday during Lent**, except the **First Friday of the Month, 3rd April**, when the Stations will be at **10:30am** before Anointing Mass.

Coronavirus COVID-19

Bishop Anthony has updated his previous advice and says, with a relatively small number of confirmed cases of in Australia, the risk to the general public remains low.

However, Holy Water is to be temporarily removed from stoups at the doors of the churches to reduce the possibility of transmission of the virus. Holy Water will continue to be available for people to take home, by bringing their own container, to collect holy water, and seeing either Fr Tomy or Fr Baby.

We will make hand sanitiser available at the church entrances as soon as it becomes available in the shops.

If you choose the option for the Sign of Peace, individuals should avoid shaking hands but say "Peace be with you" and offer a smile, wave, nod or bow.

Holy Communion will not be distributed from the Chalice until further notice. The Faithful are reminded that Christ is fully present under either species.

For those who receive Communion on the tongue, this option is still available, at the moment, until the situation is reviewed.

For those Ministers who take communion to the sick, in hospitals, aged care facilities, or people's homes, they should also follow the advice of local health authorities.

For those too unwell to attend Sunday Mass – or are at particular risk of contracting the COVID-19 virus, can honour their Sunday obligation by participating in a time of prayer within the home, reading the Scriptures or watching Mass on television or online (<http://bit.ly/MassOnDemand>).

Fr Tomy

In your charity, please pray for those who have died and those who are sick.

Recently Deceased

Clement Apiap, Frank Feliciotto, Vi Brodie, George Garvey, Felice Grasso, Fr John Barry OSA, Fr Denis Callahan, Ellen Ashton, Frederick Jurd, Eileen O'Kane, Marie Dyer, Jason Myers (Dublin), Bernard Hensley, Wesley Glabus, Veronica King.



Anniversaries

Danny Kay, Ruby Prendergast, John Flanagan, Bill Tyson, Colin McIntyre, Eddie Johnston, Tony Wilson, Joseph & Stella Magri, Mary Stewart, Franceska Rose, Anselmo, Paulita, Enrico, Arturo & Pio Edwin Ambait, Pantaleon, Temotea Ambait, Elma Capacite, Romualda & Hermigilso Giba, Valmai Joseph, Dorothy Rush, Victoria Borg, Rose and Stark Families & Holy Souls.

Remembrances

Colin McIntyre, Carol Brown, Scott Kay, Lisa Marie Grenot, John Thomas Matthews, Hannah McCool, Gilles Dedrouas, Lorraine Anderson

Please Pray for the Sick

Koby Bourke, Monica Mason, Kathleen Wiegold, Ariane Hampton, Fr Bill Aliprandi, John Andrews, Linda Read, Eleanor Matthews, Paul Covington, Andrew Kelly, Fiona Gill, Koby Thomas, Evan Shepherd, Kathleen Strong, Bourke, Brian Davies, Tony Hodges, 4 year old Ethan, Faye Lund, Michael Wiggin & Vanessa Miller.



Fr Peter deSouza is home from Hospital recovering well.

Safeguarding

New legislation will come into place that affects all religious bodies from 1st March 2020, this includes Reportable Conduct and Mandatory Reporting.

The Office for Safeguarding (Chancery) is working closely with the Office of the Children's Guardian and the Department of Communities & Justice to prepare for the changes that will soon come into effect, for the greater protection of children in NSW.

Please speak to Lorraine Dunn at St Brendan's and Robyn Rosina at St Mary's if you feel the need.

Pope Francis' Prayer Intention for March



Catholics in China

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity

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 Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility
 Please call Anne-Marie 4396 1555
 The Community Visitors' Scheme